



EMERGENCY SERVICES MANHATTAN RESOURCE GUIDE

If you have a question about accessing shelter or other services, including if you have been denied access to shelter, please call 1-888-358-2384, the Crisis Intervention emergency hotline, and leave a detailed message, including your phone number. We will do our best to respond to you as soon as possible.

FREE MEALS

St. Luke's Lutheran Church 308 West 46th Street Tues & Thurs: 1 - 2 pm	Holy Apostles Soup Kitchen 296 9th Avenue Mon-Fri: 10:30 - 12:30 pm	The Salvation Army 540 Lenox Avenue Mon - Fri: 11 - 12:30pm	St. Gregory the Great Church 144 West 90th Street Sat: 10:30am
Central Synagogue 123 East 55th Street Tues & Fri 6 - 7:30am	The Meatloaf Kitchen 137 E 2nd St Every Sat: 9 -10am, 1 - 2 pm	City Relief Chelsea Park 28th St. btw 8th/9th Ave Every Wed: 11 - 1pm	The Church of the Village 201 West 13th Street Sat: 12 - 2 pm
St. Paul's House 335 West 51st Street Mon, Wed, Fri: 7:30 - 9am	Broadway Community 601 West 114th Street Mon, Wed, Fri: 10:15 am, and 12:15pm	Mary's House Soup Kitchen (women only) 55 East 3rd Street Tue - Fri: 12 - 2 pm	Madison Avenue Presbyterian Church 921 Madison Avenue Thurs: 6 - 8pm Sun: 12 - 3pm (seniors only)
St. Francis of Assisi Breadline 135 West 31st Street Mon-Sun: 7am	The Salvation Army 120 West 14th Street Mon - Thurs: 12 - 1pm	The Bowery Mission 227 Bowery Daily: 8 - 9am, 1 - 2pm & 5 - 6pm	Harlem United 123-125 West 124th Street Breakfast: Mon - Sat 8:30 am Lunch: Mon - Sat 1pm

GRAND CENTRAL FOOD PROGRAM

Operates every night starting at 5:30 PM at St. Bart's, 51St. St. between Park and Lex.

Downtown Van:

7:15 p.m. 35th St. under FDR Drive
7:30 p.m. Lower East Side Harm Reduction (25 Allen St)
7:45 p.m. Housing Court/Chinatown, Lafayette & Leonard St.
8:00 p.m. Staten Island Ferry
8:20 p.m. Sunshine Hotel/Bowery Mission-
Bowery between Stanton & Rivington
8:30 p.m. Union Square
8:45 p.m. Madison Square Park-5th Ave. & 27th St.
9:15 p.m. Penn Station-34th St. & 8th Ave, Northeast Corner.

Uptown Van:

7:15 p.m. SW corner 51st & Broadway
7:35 p.m. Port Authority, 40th St.
7:55 p.m. 79th St. Boat Basin – 79st St. & West Side Highway
8:15 p.m. 86th St. & West End Ave.
8:30 p.m. Cathedral of St. John the Divine –
112th St. & Amsterdam
8:45 p.m. Harlem Hospital – 137th & Lenox Ave.
9:00 p.m. Lexington Ave & 124th St.
9:15 p.m. Central Park – 5th Ave. & 72nd St.
9:30 p.m. SONY building – 55th St. bet. Madison & 5th

SHELTERS & DROP-IN CENTERS

Adult Family Intake Center (AFIC) no children under the age of 21 400-430 East 30th Street Open 24 hours	Covenant House – Crisis Shelter (Ages 16-24) 460 West 41st St Open 24 hours	The Bowery Mission (Tribeca Campus) 90 Lafayette St. Women's Intake: 3 pm Men's Intake: 3:45 pm
Antonio Olivieri Drop-In Center 257 West 30th Street Mon - Sun: 7:30am - 8:30pm	Mainchance Drop-In Center Men & Women 120 East 32nd Street Open 24 hours	Paul's Place 114 W. 14th St Open 24 hours
Ali Forney Center - LGBTQ Youth 321 W 125th St Open 24 hours	30th Street Men's Intake Shelter 400 East 30th Street Open 24 hours	Prevention Assistance and Temporary Housing Office (PATH) Families & Pregnant Women 151 East 151 St., Bronx Open 24 hours

CLOTHING DISTRIBUTION

Beth Hark Christian Counseling Center
2-26 East 120th Street
Call beforehand: 212-860-1523

Xavier Clothing Closet at the Church of St. Francis Xavier
46 West 16th Street
Sun: 9 am - 11 am
*Closed the 1st Sunday of the month

Mary's House by the Catholic Worker
(women only)
55 East 3rd Street
Tue - Fri: 12 - 2 pm

Community Closet at St. Luke's Church in the Fields
487 Hudson St.
Sat: 3 - 4 pm *personal care items available

Clothing Closet at The Cathedral of Saint John the Divine
1047 Amsterdam Ave.
Sat: 3 - 4 pm
*Casual clothing for Men, Women, Children, and Infants
**Interview Clothing
Men's and women's business attire is available by appointment only

SHOWERS

All Angels
251 West 80th Street
Tue & Thurs 8am - 2pm
*can get there as early as 7:45am

Paul's Place
114 W. 14th St
Open 24 hrs
laundry available on site

Positive Health Project
301 W 37th St
Mon - Fri: 9 am - 5:30 pm

St. Luke's Lutheran Church
308 West 46th Street
Thurs: 1 - 2 pm
*fresh towel, and toiletries

The Bowery Mission
Bowery Campus -227 Bowery St.
Men's Showers:
Wed - Fri: first 20 men only

Women's showers:
Mon: First 10 women only
*both lines begin at 9:30am

Maryhouse (women only)
55 East 3rd Street
Tues-Fri 12pm - 2:00pm

New York Common Pantry
8 East 109th Street
Mon, Wed, Thurs, and Fri: 9:30 am - 1 pm
Sign-ups for showers in person before 10:30 am

PUBLIC RESTROOMS (HANDICAP ACCESSIBLE)

Penn Station
8th Ave. & 33rd St.
Open 24 Hours

Chelsea Park
9th Ave. & 28th St.
9 am - 8 pm

Riverside Park
Riverside Drive & W. 124 St.
Open 8 am - 4 pm

Tompkins Square Park
Avenue A & E. 10th St.
Mon - Sun: 8 am - 4 pm

Jackie Robinson Park
Bradhurst Ave. & 149 St.
Mon - Sun: 8 am - 4 pm

NY Public Library
5th Ave & 42nd St.
Mon - Sat: 10 am - 6 pm
Sun: 1 - 5 pm

Union Square Park
Union Square E. & 17th St.
Mon - Sun: 8 - 4 pm

Marcus Garvey Park
Mt. Morris Park & 121st St.
Mon - Sun: 8 am - 4 pm

Columbus Park
Mulberry St. & Worth St.
Mon - Sun: 8 am - 4 pm

World Trade Center
Church St. & Fulton St.
Open 24 Hours

LEGAL SERVICES

Legal Aid Society (Harlem Office)
Adam Clayton Powell Jr Blvd & 125th St.
Mon - Fri 9 am - 5 pm
212-577-3300

New York Legal Assistance Group (NYLAG)
Pearl St. & Old Slip
212-613-5000
info@nylag.org

Open Hands Legal Services, Inc.
Salvation Army Manhattan Citadel
3rd Ave. & E. 126th St.
Call for an appointment:
917- 379-0705
info@openhandslegalservices.org

The Door (Ages 12-21 years old)
Varick St. & Broome St.
212-941-9090
info@door.org

EMERGENCY NUMBERS

Alcoholics Anonymous: 212-647-1680

AIDS Hotline: 800-541-2437

Child Abuse Hotline: 800-342-3720

Coalition for the Homeless Eviction Prevention Hotline: 212-776-2039

Elderly Crime Victim's Resource Center: 212-442-3103

NYC Well: 888-692-9355

National Human Trafficking Hotline: 888-373-7888

Narcotics Anonymous: 212-929-6262

Poison Control Center: 212-340-4494 or 800-222-1222

Safe Horizon Domestic Violence Hotline: 800-621-4673

Safe Horizon Rape Crisis Hotline: 212-227-3000

Suicide Hotline: 988

SAMHSA Disaster Distress Helpline: 800-985-5990

Veterans Crisis Line: 800-273-8255 x1