

## WHY DID SOMEONE HAND YOU THIS CARD?

We believe everyone belongs, but in a city as big as ours it is easy to feel discouraged and alone. This is not just a resource card. It's a reminder there is hope for you. There are still people in the world who care and want to help. If you need us, we're here for you.

For additional resources, go to rescuealliance.nyc

## WHAT CAN WE DO FOR YOU?

Meals
Clothing
Showers
Medical
Optical
Legal
Job Training
Shelter
Residential Program

Housing Resources

## THERE IS HOPE.

We can help.











WE HAVE A BED FOR YOU WE'RE HERE TO MEET YOU WE HAVE RESOURCES FOR YOU These organizations are NYC Relief - The Relief Bus. open all day, everyday 800-736-2773: 10am-2pm www.newyorkcityrelief.org The Bowery Mission 212-674-3456 Wed 28th St, btwn 9th & 10th Ave www.bowery.org 212-862-3900; Mon-Fri 10am-3pm Fri 28th St, btwn 9th & 10th Ave 227 Bowery, one block south 124th & Park Ave of Houston Sat 124th & Park Ave Safe, Clean Shelter, Residential 148th & Brook Ave Program for Men & Women, Meals,

New York City Rescue Mission 212-226-6214

Showers, Clothing, Medical, Optical

www.nycrescue.org 90 Lafayette St, south of Canal

Program, Meals, Showers, Clothing,

Medical, Optical

Women's Shelter Intake 3:00pm, Men's Shelter Intake 4:00pm, Daily Safe, Clean Shelter, Work Readiness 40th & 9th Ave (Port Authority,

7:30-10:30pm) Meals, Legal, Referrals, Social Workers, Clothing Vouchers

Pathways Drop-in Center All Angels Church 251 W 80 St 212-362-9600: Tue/Thu

Social/Medical/Psych: 10am-2pm

Meals. Showers: Women 8-10am, Men 10am-2pm

Salvation Army Corps **Community Centers** Harlem Temple Corps 540 Lenox Ave. btwn 137th & 138th

Manhattan Citadel 145 E. 125 St, off of Lexington 212-860-3200; Mon-Fri 9am-5pm NY Temple

132 W. 14 St. btwn 6th & 7th Ave 212-337-7469; Mon-Fri 9:30am-3:30pm Meals, Pantry, Clothing Vouchers, After School, Social Workers

**Bowery Mission** Community Hope Center 315 E. 115th St. btwn 2nd & 3rd Ave

917-834-6728; Mon-Fri 9am-5pm Meals, Optical, After School, Social Workers, Legal Help